

Flight Training Progress Record

Student Name: _____

		Review Questions	Read	Instruction	Demonstrated	Level 1	Level 2	Level 3	Responsible	Proficient
1 - Orientation, Pre-Flight, Post-Flight										
I	1.1	Primary Flight Controls								
	1.2	Secondary Flight Controls								
II	1.3	Using the Flight Instruments								
	1.4	Ground Handling								
	1.5	Preflight Inspection								
III	1.6	Positive Control Check								
	1.7	Tow Rope Inspection								
	1.8	Securing the Glider								
	1.9	Area Familiarization								

2 - Takeoffs

I	2.1	Takeoff Checklist								
	2.2	Takeoff Procedures and Signals								
	2.3	Takeoff								
II	2.4	Crosswind Takeoff								
III	2.5	Takeoff Without a Wing Runner								
	2.6	Downwind Takeoff								
	2.7	High Density Altitude Takeoff								

3 - Aerotow

I	3.1	Introduction to Flying the Aerotow								
	3.2	Flying the Aerotow with Stick and Rudder								
	3.3	Release from Tow								
	3.4	"Soft" Release (Optional)								
II	3.5	Shifting Through the Wake								
	3.6	Steering Turns								
	3.7	Aerotow Signals								
	3.8	Boxing the Wake								
	3.9	Slack Rope on Tow								
	3.10	Slack Rope in a Turn								

4 - In-Flight Maneuvers

I	4.1	Transferring Control of the Glider								
	4.2	Scanning for Traffic								
	4.3	Pitch/Speed Control								
	4.4	Using the Trim Control								
	4.5	Shallow/Medium Bank Turns								
	4.6	Precision Turns								
	4.7	Airbrakes in Flight								
	4.8	Steep Turns								
	4.9	Circling Flight								
	4.10	Crabbing During Cruising Flight								
II	4.11	Stall Recognition and Recovery in Level Flight								
	4.12	Stall Recognition and Recovery in a Turn								
	4.13	Slow Flight								
	4.14	Stall Recognition and Recovery with Airbrakes								
	4.15	Side Slip - Correcting for Alignment Errors								
	4.16	Side Slip - Compensating for a Crosswind								
	4.17	Forward Slip								
	4.18	Low-G Maneuvers								

Completion of Phases I and II required before solo.

		Review Questions Read	Instruction	Demonstrated	Level 1	Level 2	Level 3	Responsible	Proficient
III	4.19	Selecting a Cruise Airspeed							
	4.20	Deep Stall Recognition and Recovery							
	4.21	Chandelle							
	4.22	Incipient Spin Recognition and Recovery							
	4.23	Spin Recognition and Recovery							
	4.24	Rapid Speed Changes							
	4.25	High-Speed Flight							

5 - Landing Patterns

I	5.1	Landing Checklist							
	5.2	Introduction to the Landing Pattern							
	5.3	Glide Slope Control Using the Airbrakes							
II	5.4	Radio Use							
	5.5	Crosswind Patterns							
	5.6	Unusual Patterns							
	5.7	Forward Slip with Airbrakes							
	5.8	Turning Slips							
III	5.9	Side Slip in the Pattern							
	5.10	No Altimeter Pattern							
	5.11	No Altimeter / Airspeed Pattern							
	5.12	No Airbrake Pattern							
	5.13	Full Airbrake Pattern							

6 - Landings

I	6.1	Introduction to the Landing							
	6.2	Precision Landings							
II	6.3	Crosswind Landings							
	6.4	Landing Over an Obstacle							
III	6.5	Simulated Off-Field Landing							
	6.6	Downwind Landings							
	6.7	High Wind Landings							
	6.8	High Density Altitude Landings							

7 - Flying in Lift

II	7.1	Thermaling							
	7.2	Mountain Wave							
	7.3	Ridge Lift							
	7.4	Convergence/Shear							

8 - Emergency Procedures

II	8.1	Introduction to Premature Aerotow Release							
	8.2	Simulated Rope Breaks:	Straight Ahead						
			180°						
			Abbreviated Pattern						
8.3	Rock Off								
III	8.4	Tow Plane Power Loss During Takeoff							
	8.5	Tow Plane Power Loss at Altitude							
	8.6	Simultaneous Release Failure							
	8.7	Spiral Dive Recovery							
	8.8	Unusual Attitude Recovery							
	8.9	Intercept Procedures							

9 - Aeronautical Decision Making

II	9.1	Situational Awareness							
	9.2	Judgment							
	9.3	Self-Discipline							

Completion of Phases I and II required before solo.