

Flight Training Progress Record

Student Name: _____

		Read	Questions	Instruction	Demo	Level 1	Level 2	Level 3	Responsible	Proficient
1 - Orientation, Pre/Post-Flight										
I	1.1	Primary Flight Controls								
	1.2	Secondary Flight Controls								
	1.3	Using the Flight Instr.								
	1.4	Ground Handling								
II	1.5	Preflight Inspection								
	1.6	Positive Control Check								
	1.7	Tow Rope Inspection								
III	1.8	Securing the Glider								
	1.9	Area Familiarization								

2 - Takeoffs										
I	2.1	Takeoff Checklist								
	2.2	Takeoff Proc. and Signals								
	2.3	Takeoff								
II	2.4	Crosswind Takeoff								
	2.5	T.O. w/o a Wing Runner								
III	2.6	Downwind Takeoff								
	2.7	High Density Altitude T.O.								

3 - Aerotow										
I	3.1	Intro. to Flying the Tow								
	3.2	Flying the Tow								
	3.3	Release from Tow								
	3.4	"Soft" Release (Optional)								
II	3.5	Shifting Through Wake								
	3.6	Steering Turns								
	3.7	Aerotow Signals								
	3.8	Boxing the Wake								
	3.9	Slack Rope on Tow								
	3.10	Slack Rope in a Turn								

4 - In-Flight Maneuvers										
I	4.1	Transferring Control								
	4.2	Scanning for Traffic								
	4.3	Pitch/Speed Control								
	4.4	Using the Trim Control								
	4.5	Shallow/Med. Bank Turns								
	4.6	Precision Turns								
	4.7	Airbrakes in Flight								
	4.8	Steep Turns								
	4.9	Circling Flight								
	4.10	Crabbing								
II	4.11	Stalls in Level Flight								
	4.12	Stalls in a Turn								
	4.13	Slow Flight								
	4.14	Stalls with Airbrakes								
	4.15	Side Slip - Alignment								
	4.16	Side Slip - Crosswind								
	4.17	Forward Slip								
	4.18	Low-G Maneuvers								
III	4.19	Selecting a Cruise Airspeed								
	4.20	Deep Stalls								
	4.21	Chandelle								

4 - In-Flight Maneuvers (cont.)										
III	4.22	Incipient Spins								
	4.23	Spins								
	4.24	Rapid Speed Changes								
	4.25	High-Speed Flight								

5 - Landing Patterns										
I	5.1	Landing Checklist								
	5.2	Intro. to the Pattern								
	5.3	Glide Slope Control								
II	5.4	Radio Use								
	5.5	Crosswind Patterns								
	5.6	Unusual Patterns								
	5.7	Forward Slip w/ Airbrakes								
	5.8	Turning Slips								
III	5.9	Side Slip in the Pattern								
	5.10	No Altimeter Pattern								
	5.11	No Alt./ Airspeed Pattern								
	5.12	No Airbrake Pattern								
	5.13	Full Airbrake Pattern								

6 - Landings										
I	6.1	Intro. to the Landing								
	6.2	Precision Landings								
II	6.3	Crosswind Landings								
	6.4	Landing Over an Obstacle								
III	6.5	Sim. Off-Field Landing								
	6.6	Downwind Landings								
	6.7	High Wind Landings								
	6.8	High Altitude Landings								

7 - Flying in Lift										
II	7.1	Thermaling								
	7.2	Mountain Wave								
	7.3	Ridge Lift								
	7.4	Convergence/Shear								

8 - Emergency Procedures										
II	8.1	Premature Tow Release								
	8.2	Simulated Rope Breaks:								
		Straight Ahead								
		180°								
		Abbreviated Pattern								
	8.3	Rock Off								
	8.4	Power Loss During T.O.								
III	8.5	Power Loss at Altitude								
	8.6	Simult. Release Failure								
	8.7	Spiral Dive Recovery								
	8.8	Unusual Attitude Recovery								
	8.9	Intercept Procedures								

9 - Aeronautical Decision Making										
II	9.1	Situational Awareness								
	9.2	Judgment								
	9.3	Self-Discipline								

Completion of Phases I and II required before solo.

